



Dear Parent/Carer,

### **Year 1 'Growing and Changing' Relationships Education unit**

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships and living in the wider world.

In the next few weeks, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships education aspect of our PSHE programme to Year 1 children. It became a compulsory requirement in September 2020 for relationships education to be taught across the school, in an age- and developmentally-appropriate way. The design of the programme has taken into account the requirements of the guidance, up-to-date best practice guidance, and the needs of our children.

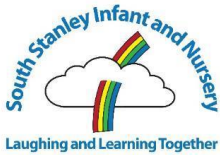
Your Year 2 child will be exploring themes including '*Keeping Privates Private*' and '*Inside my wonderful body*'. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, testicles, breasts and vulva. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's relationships education, and we encourage you to use this vocabulary with your child at home as well.

If further advice/support is required, you have any questions about the programme or the content of this letter, please do not hesitate to speak to your child's class teacher, myself or Mrs Thompson our headteacher.

Here is a link to the Parent Support section of the SCARF, our PSHE scheme.  
<https://www.coramlifeeducation.org.uk/family-scarf>

Yours Sincerely  
Mrs Mack



**South Stanley Infant & Nursery School**  
Tyne Road, South Stanley, Co Durham, DH9 6PZ  
**Headteacher:** Mrs Louise Thompson  
**Telephone:** 01207 232445



Dear Parent/Carer,

### **EYFS 'Growing and Changing' Relationships Education unit**

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

In the next few weeks, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships education aspect of our PSHE programme to EYFS children. It became a compulsory requirement in September 2020 for relationships education to be taught across the school, in an age- and developmentally-appropriate way. The design of the programme has taken into account the requirements of the guidance, up-to-date best practice guidance, and the needs of our children.

Your EYFS child will be exploring themes including '*Getting bigger*' and '*My body, your body*'. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, testicles, breasts and vulva. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's relationships education, and we encourage you to use this vocabulary with your child at home as well.

If further advice/support is required, you have any questions about the programme or the content of this letter, please do not hesitate to speak to your child's class teacher, myself or Mrs Thompson our headteacher.

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Tyne Road, South Stanley, Co Durham, DH9 6PZ  
**Headteacher:** Mrs Louise Thompson  
**Telephone:** 01207 232445



Dear Parent/Carer,

### **Year 2 'Growing and Changing' Relationships Education unit**

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

In the next few weeks, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships education aspect of our PSHE programme to Year 2 children. It became a compulsory requirement in September 2020 for relationships education to be taught across the school, in an age- and developmentally-appropriate way. The design of the programme has taken into account the requirements of the guidance, up-to-date best practice guidance, and the needs of our children.

Your Year 2 child will be exploring themes including '*My Body, Your Body*' and '*Respecting Privacy*'. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, testicles, breasts and vulva. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's relationships education, and we encourage you to use this vocabulary with your child at home as well.

If further advice/support is required, you have any questions about the programme or the content of this letter, please do not hesitate to speak to your child's class teacher, myself or Mrs Thompson our headteacher.

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